

## How to integrate food into climate protection and climate change into sustainable nutrition? - The linking of two transitions.

### Description

The Workshops discuss the integration of two movements, first the climate protection movement aiming at GHG-reduction and secondly the sustainable food movement, aiming at first at health, water and soil protection, biodiversity and organic farming.

The workshops will start with three to four 5-Minute-Inputs on the CLIKIS project, on the main-ideas of the mentioned movements and their cooperation and establishment of the European CLIKIS-Network. This will be followed by a discussion on the cooperation of the movements and the integration of the environmental policy goals.

### Background

More than 1/3 of all greenhouse gases come from sources related to food, such as agriculture, land use, food processing and transportation. Most people do not generally associate their diet with greenhouse gas emissions. They would be more likely to change their eating habits for nutrition-related reasons than for climate-related reasons. However, sustainable dietary choices are closely linked to climate action and greenhouse gas emission reductions.

### Speaker

- Diana Gluhak Spajić, MSc Nutrition, Healthy Meal Standard Owner (RED FORK Ltd)
- Marilyn Eessalu, Executive Director (Estonian Green Movement)
- Malte Schmidthals, Dipl. Ing. Environmental engineering, Environmental educator on climate protection (IZT gGmbH)